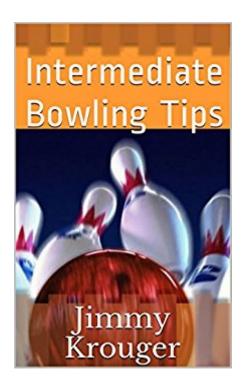
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Intermediate Bowling Tips





Synopsis

Intermediate Bowling tipsBeginning and intermediate bowlers should use their strike ball release at all spares to ensure consistency. With multi-pin spares, the ball needs some entry angle to keep from deflecting away from the back pin in the grouping. When shooting at any spare, the ball must hit the front pin.When practicing, shoot all your spares to simulate league or tournament competition. To keep your focus sharp, use visualization and see the line you want the ball to take to make the spare. Draw an imaginary line from your bowling arm to the pin you want to hit. If you are rolling a straight ball, this will allow you to visualize the path the ball needs to take to make the spare.Charting your strike percentage and spare percentage will allow you to identify areas to practice on.

Book Information

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